

[Cherry Almond Smoothie \(Paleo, Vegan\)](#)

Cherries and almonds are so delicious together and I believe are an under-utilized combination. I bought a bag of organic frozen cherries at Costco last weekend and thought I would try the cherries in a smoothie with almond flavourings. The result was... Sansational. Try it for breakfast!

Serves 1



Ingredients:

1 cup pitted cherries, fresh or frozen
1 scoop vanilla protein powder (I used [Vega Protein & Greens](#))
1 tbsp almond butter
1/2 teaspoon pure almond extract 1 cup coconut milk or almond milk
1/2 cup coconut water 6-8 ice cubes ice

Directions: Blend all ingredients in a high speed blender until smooth.

Sansational Tip: I often prepare my smoothie ingredients in the blender cup the night before and leave in the refrigerator overnight to take out for easy blending in the morning. This makes for a

quick grab and go smoothie.