

# [Pina Colada Drink](#)

This is a follow up to my [Wake-Me-Up Watermelon Drink](#). I thought I would try the same quick recipe with frozen pineapple and the results were amazing! It is refreshing and tastes exactly like a pina colada.

Cheers and Sansational!

Serves 1



## **Ingredients:**

- 1 cup coconut water
- 1 cup frozen pineapple

## **Directions:**

Combine water and pineapple in a blender until smooth.

**Sansational Tip:**

If you are using fresh pineapple, just add a few ice cubes to make the drink cool and frothy.